



**SABER TREATMENT PROGRAM of URBAN MINISTRY CENTER / MEN'S SHELTER OF CHARLOTTE**  
**with support from Mecklenburg County ABC BOARD**  
**DATA SINCE 7/17/06 INCEPTION OF SABER PROGRAM**

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<b>SABER CLIENTS</b>	<b>Aggregate Totals Through 12/31/2019</b>	<b>2006</b>	<b>2007</b>	<b>2008</b>	<b>2009</b>	<b>2010</b>	<b>2011</b>	<b>2012</b>	<b>2013</b>	<b>2014</b>	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>	<b>2019</b>
Number of men admitted to SABER	<b>614</b>	18	32	32	32	32	32	32	32	52	64	64	64	64	64
Average number of clients served each week (in Treatment [3 months], Continuing Care [6 months], or Extended Continuing Care)	<b>47.9</b>	8.2	16.0	20.2	22.2	24.4	27.7	32.9	43.4	59.5	74	75.9	79.3	82.4	82.4
% completed the first 8 weeks successfully	<b>91%</b>	72%	100%	91%	91%	88%	88%	88%	94%	93%	93%	90%	90%	91%	95% (incomplete data)
% graduated from the 3-month Treatment (First 3 months of SABER)	<b>86%</b>	61%	88%	84%	90%	83%	85%	88%	91%	87%	83%	82%	85%	89%	92% (incomplete data)
% graduated from the 3-month Treatment and completed at least 3 months of Continuing Care	<b>70%</b>	39%	72%	66%	80%	73%	69%	66%	78%	70%	66%	69%	66%	77%	63% (incomplete data)
% graduated from the 9-month SABER program (graduated from Treatment and completed 6 months of Continuing Care)	<b>56%</b>	33%	44%	53%	75%	59%	50%	60%	69%	58%	52%	52%	49%	57%	50% (incomplete data)
% SABER clients who completed the nine-month program and found employment	<b>93%</b>	100%	86%	95%	75%	90%	87%	100%	100%	100%	99%	100%	100%	100%	100% (incomplete data)
Average point increase in clients' quality of life after 3 months (6-point indicates significance)	<b>13.7</b>	11.2	14.1	15.8	12.6	13.6	12.8	12.9	15.0	13.6	15.5	14.9	13.4	12.5	12.9
% African-American; % Caucasian; % Latino; % Native American; % Mixed Ethnicity	<b>71; 24; 2; 1; 3</b>	78; 22; 0; 0; 0	88; 9; 0; 0; 3	75; 25; 0; 0; 0	88; 12; 0; 0; 0	84; 16; 0; 0; 0	88; 9; 3; 0; 0	81; 3; 3; 3; 10	75; 19; 3; 0; 3	73; 25; 0; 0; 2	64; 27; 3; 3; 3	69; 26; 3; 2; 0	64; 31; 3; 0; 2	56; 37; 2; 0; 5	58; 36; 0; 2; 5
Average age when admitted to SABER	<b>44.1</b>	43.9	39.8	43.3	42.1	45.8	44.6	42.8	46.0	45.4	46.7	44.5	42.9	43.8	43.2
Average years with alcohol/drug problems	<b>29.3</b>	28.8	23.9	26.9	27.5	30.9	31.2	29.3	32.8	30.7	30.5	28.9	27.9	30.4	29.2

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Were homeless when admitted to SABER	<b>100%</b>	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Were unemployed when admitted to SABER	<b>100%</b>	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Have served time in jail or prison	<b>88%</b>	95%	94%	91%	85%	91%	91%	91%	88%	88%	89%	79%	86%	89%	82%
Average time spent incarcerated in years	<b>4.4</b>	3.7	3.7	3.1	3.9	3.8	2.6	6.3	5	6.1	4.5	3.9	5.7	4.5	3.5
Have been convicted of a felony	<b>60%</b>	62%	No data	No data	68%	69%	55%	69%	50%	62%	55%	52%	66%	61%	58%
Served in the USA Military	<b>7%</b>	28%	10%	7%	7%	10%	16%	9%	10%	8%	9%	5%	3%	2%	6%
Were HIV positive	<b>4%</b>	6%	13%	3%	3%	3%	6%	3%	3%	4%	5%	3%	2%	5%	6%
Had not obtained a high school diploma nor GED	<b>22%</b>	15%	21%	25%	21%	37%	28%	31%	22%	27%	16%	17%	17%	24%	21%
Obtained a GED	<b>28%</b>	28%	38%	28%	16%	22%	22%	31%	19%	27%	31%	31%	30%	28%	27%
Obtained a high school diploma	<b>50%</b>	57%	41%	47%	63%	41%	50%	38%	59%	46%	53%	52%	53%	48%	52%
Obtained additional technical training	<b>41%</b>	50%	41%	38%	41%	28%	47%	47%	38%	38%	48%	44%	42%	38%	39%
Obtained some college training	<b>32%</b>	23%	35%	32%	32%	32%	22%	34%	22%	23%	36%	47%	34%	41%	25%
Obtained a four-year college diploma	<b>4%</b>	6%	0%	0%	0%	10%	7%	6%	3%	4%	6%	3%	5%	5%	5%
Experienced physical abuse	<b>44%</b>	45%	57%	44%	57%	38%	19%	50%	38%	56%	27%	42%	53%	50%	47%
Experienced sexual abuse	<b>27%</b>	23%	19%	47%	32%	22%	19%	34%	19%	17%	20%	25%	28%	31%	34%
Experienced emotional or verbal abuse	<b>56%</b>	28%	72%	53%	75%	50%	50%	72%	57%	63%	56%	45%	47%	59%	53%
Experienced neglect	<b>36%</b>	17%	41%	50%	60%	22%	44%	38%	28%	35%	31%	28%	31%	31%	47%
Experienced the absence of at least one parent	<b>63%</b>	73%	75%	63%	72%	63%	57%	81%	57%	38%	53%	48%	66%	72%	80%
Experienced physical health problems	<b>54%</b>	78%	53%	54%	60%	66%	53%	53%	60%	58%	64%	58%	44%	44%	50%
Experienced at least one co-occurring mental health disorder besides substance use disorder	<b>90%</b>	78%	75%	83%	94%	85%	91%	97%	94%	94%	81%	89%	84%	97%	97%
Experienced at least two co-occurring mental health disorders besides substance use disorder	<b>70%</b>	56%	47%	47%	69%	66%	88%	66%	63%	79%	61%	73%	69%	78%	79%
Experienced at least three co-occurring mental health disorders besides substance use disorder	<b>50%</b>	34%	25%	41%	53%	35%	63%	50%	41%	48%	47%	53%	56%	57%	62%
Experienced at least four co-occurring mental health disorders besides substance use disorder	<b>31%</b>	28%	3%	22%	41%	19%	38%	25%	22%	31%	17%	39%	31%	43%	43%
Experienced personality disorders	<b>70%</b>	67%	50%	44%	69%	66%	85%	81%	82%	75%	63%	70%	67%	75%	76%
Experienced depressive disorders	<b>54%</b>	44%	41%	60%	57%	38%	57%	50%	47%	56%	52%	55%	51%	64%	60%
Experienced anxiety disorders	<b>54%</b>	23%	47%	47%	57%	41%	47%	53%	41%	58%	41%	59%	61%	63%	75%
Experienced Posttraumatic Stress Disorder	<b>41%</b>	17%	19%	35%	47%	19%	38%	53%	32%	56%	25%	47%	46%	48%	51%
Experienced Bipolar Disorder	<b>13%</b>	11%	3%	6%	22%	6%	19%	22%	19%	12%	9%	9%	20%	14%	13%
Experienced Specific Phobias	<b>17%</b>	12%	28%	25%	38%	22%	13%	16%	10%	15%	14%	8%	18%	11%	16%
Experienced Panic Disorder	<b>8%</b>	0%	3%	13%	6%	3%	0%	6%	3%	4%	6%	8%	10%	10%	27%
Experienced psychotic disorders	<b>3%</b>	0%	3%	0%	3%	9%	13%	6%	0%	0%	2%	2%	0%	3%	8%