



SABER TREATMENT PROGRAM of URBAN MINISTRY CENTER
with support from Mecklenburg County ABC BOARD
DATA SINCE 7/17/06 INCEPTION OF SABER PROGRAM

Courtney Fowlkes, MA, Co-Clinical Director, LCAS, CCS / Marilyn Furman, PsyD, Part-time Co-Clinical Director, Licensed Psychologist, LCAS, MAC, CCS
 Robert Sundin, MPH, Toxicology-Job Training Director / Damion Bethea, BS, CSAC, Counselor-Toxicology Assistant
 Scott Dinkins, MA, LCAS, Counselor / Jessica Kawamoto, MA, LCAS-A, LPC-A Counselor / Morgan Olson, MA, LCAS, Part-time Counselor
 Laura McCarthy, BA, BFA, Part-time SABER Recreational Therapist

SABER CLIENTS	Aggregate Totals Through 6/30/2019	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
Number of men admitted to SABER	582	18	32	32	32	32	32	32	32	52	64	64	64	64	32
Average number of clients served each week (in Treatment [3 months], Continuing Care [6 months], or Extended Continuing Care)	46.5	8.2	16.0	20.2	22.2	24.4	27.7	32.9	43.4	59.5	74	75.9	79.3	82.4	82.6
% completed the first 8 weeks successfully	91%	72%	100%	91%	91%	88%	88%	88%	94%	93%	93%	90%	90%	91%	91% <small>(incomplete data)</small>
% graduated from the 3-month Treatment (First 3 months of SABER)	85%	61%	88%	84%	90%	83%	85%	88%	91%	87%	83%	82%	85%	89%	88% <small>(incomplete data)</small>
% graduated from the 3-month Treatment and completed at least 3 months of Continuing Care	70%	39%	72%	66%	80%	73%	69%	66%	78%	70%	66%	69%	66%	77%	N/A
% graduated from the 9-month SABER program (graduated from Treatment and completed 6 months of Continuing Care)	55%	33%	44%	53%	75%	59%	50%	60%	69%	58%	52%	52%	49%	52% <small>(incomplete data)</small>	N/A
% SABER clients who completed the nine-month program and found employment	92%	100%	86%	95%	75%	90%	87%	100%	100%	100%	99%	100%	100%	100%	N/A
Average point increase in clients' quality of life after 3 months (6-point indicates significance)	13.8	11.2	14.1	15.8	12.6	13.6	12.8	12.9	15.0	13.6	15.5	14.9	13.4	12.5	11.1
% African-American; % Caucasian; % Latino; % Native American; % Mixed Ethnicity	72;23; 2;1;2	78; 22; 0; 0; 0	88; 9; 0; 0; 3	75; 25; 0; 0; 0	88; 12; 0; 0; 0	84; 16; 0; 0; 0	88; 9; 3; 0; 0	81; 3; 3; 3; 10	75; 19; 3; 0; 3	73; 25; 0; 0; 2	64; 27; 3; 3; 3	69; 26; 3; 2; 0	64; 31; 3; 0; 2	56; 37; 2; 0; 5	63; 31; 0; 3; 3
Average age when admitted to SABER	44.2	43.9	39.8	43.3	42.1	45.8	44.6	42.8	46.0	45.4	46.7	44.5	42.9	43.8	43.2
Average years with alcohol/drug problems	29.4	28.8	23.9	26.9	27.5	30.9	31.2	29.3	32.8	30.7	30.5	28.9	27.9	30.4	29.9

SABER CLIENTS	Aggregate Totals Through 6/30/2019	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
Were homeless when admitted to SABER	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Were unemployed when admitted to SABER	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Have served time in jail or prison	89%	95%	94%	91%	85%	91%	91%	91%	88%	88%	89%	79%	86%	89%	85%
Average time spent incarcerated in years	4.5	3.7	3.7	3.1	3.9	3.8	2.6	6.3	5	6.1	4.5	3.9	5.7	4.5	4.5
Have been convicted of a felony	60%	62%	No data	No data	68%	69%	55%	69%	50%	62%	55%	52%	66%	61%	57%
Served in the USA Military	7%	28%	10%	7%	7%	10%	16%	9%	10%	8%	9%	5%	3%	2%	3%
Were HIV positive	4%	6%	13%	3%	3%	3%	6%	3%	3%	4%	5%	3%	2%	5%	6%
Had not obtained a high school diploma nor GED	22%	15%	21%	25%	21%	37%	28%	31%	22%	27%	16%	17%	17%	24%	22%
Obtained a GED	28%	28%	38%	28%	16%	22%	22%	31%	19%	27%	31%	31%	30%	28%	28%
Obtained a high school diploma	50%	57%	41%	47%	63%	41%	50%	38%	59%	46%	53%	52%	53%	48%	50%
Obtained additional technical training	42%	50%	41%	38%	41%	28%	47%	47%	38%	38%	48%	44%	42%	38%	44%
Obtained some college training	32%	23%	35%	32%	32%	32%	22%	34%	22%	23%	36%	47%	34%	41%	19%
Obtained a four-year college diploma	4%	6%	0%	0%	0%	10%	7%	6%	3%	4%	6%	3%	5%	5%	0%
Experienced physical abuse	44%	45%	57%	44%	57%	38%	19%	50%	38%	56%	27%	42%	53%	50%	47%
Experienced sexual abuse	26%	23%	19%	47%	32%	22%	19%	34%	19%	17%	20%	25%	28%	31%	31%
Experienced emotional or verbal abuse	55%	28%	72%	53%	75%	50%	50%	72%	57%	63%	56%	45%	47%	59%	47%
Experienced neglect	35%	17%	41%	50%	60%	22%	44%	38%	28%	35%	31%	28%	31%	31%	41%
Experienced the absence of at least one parent	62%	73%	75%	63%	72%	63%	57%	81%	57%	38%	53%	48%	66%	72%	81%
Experienced physical health problems	55%	78%	53%	54%	60%	66%	53%	53%	60%	58%	64%	58%	44%	44%	50%
Experienced at least one co-occurring mental health disorder besides substance use disorder	90%	78%	75%	83%	94%	85%	91%	97%	94%	94%	81%	89%	84%	97%	97%
Experienced at least two co-occurring mental health disorders besides substance use disorder	69%	56%	47%	47%	69%	66%	88%	66%	63%	79%	61%	73%	69%	78%	78%
Experienced at least three co-occurring mental health disorders besides substance use disorder	49%	34%	25%	41%	53%	35%	63%	50%	41%	48%	47%	53%	56%	57%	53%
Experienced at least four co-occurring mental health disorders besides substance use disorder	29%	28%	3%	22%	41%	19%	38%	25%	22%	31%	17%	39%	31%	43%	31%
Experienced personality disorders	70%	67%	50%	44%	69%	66%	85%	81%	82%	75%	63%	70%	67%	75%	72%
Experienced depressive disorders	53%	44%	41%	60%	57%	38%	57%	50%	47%	56%	52%	55%	51%	64%	56%
Experienced anxiety disorders	53%	23%	47%	47%	57%	41%	47%	53%	41%	58%	41%	59%	61%	63%	69%
Experienced Posttraumatic Stress Disorder	40%	17%	19%	35%	47%	19%	38%	53%	32%	56%	25%	47%	46%	48%	53%
Experienced Bipolar Disorder	13%	11%	3%	6%	22%	6%	19%	22%	19%	12%	9%	9%	20%	14%	9%
Experienced Specific Phobias	17%	12%	28%	25%	38%	22%	13%	16%	10%	15%	14%	8%	18%	11%	16%
Experienced Panic Disorder	7%	0%	3%	13%	6%	3%	0%	6%	3%	4%	6%	8%	10%	10%	19%
Experienced psychotic disorders	3%	0%	3%	0%	3%	9%	13%	6%	0%	0%	2%	2%	0%	3%	3%